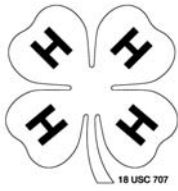


NewComers Guide to 4-H



Produced by SDSU Cooperative Extension Service - Lincoln County
104 North Main Street Suite 30
Canton, SD 57013



What is 4-H?



4-H is a volunteer led program that provides opportunities to all rural and urban youth between the ages of 8-18 to participate in innovative, fun programs through which they can develop valuable, lifelong skills.

4-H is one of the largest youth development programs in the United States, involving 7 million youth, 50 million Alumni, 600,000 American youth and adult volunteers, and 1,000 learn by doing programs ranging from robotics and biotechnology to visual arts and agriculture (4-hcentennial.org). 4-H is established in every county of every state of the Nation and there are currently 11 4-H clubs in Lincoln County.

4-Hers learn new skills, have fun, make new friends, solve problems, earn awards and recognition, practice citizenship, develop leadership skills, and make a difference in their community.

Pledge:

I **Pledge** My **Head** To Clearer Thinking

My **Heart** To Greater Loyalty

My **Hands** To Larger Service

My **Health** To Better Living

For my club my community my country and my world

Motto: To Make the Best Better!

Emblem: The 4 H's stand for head, heart, health, and hands.



Vision:

South Dakota 4-H will empower youth to become self reliant, contributing and productive members of society.

Mission:

South Dakota 4-H enables youth to be engaged in partnerships with caring adults that foster positive learning environments resulting in youth developing to their full potential.

Values:

- Youth, families, and communities
- Partnerships and coalitions
- Every child's individuality and uniqueness
- Diversity and an inclusive environment
- Caring adult volunteers who mentor youth
- The Six Pillars of Character: trustworthiness, respect, responsibility, fairness, caring, and citizenship

Benefits:

- Advancing acquisition of positive life skills through experiential learning
- Contributing to the development of critical communication skills including the ability to interact with others, to speak and write with clarity and to utilize technology with competence
- Empowering youth to be independent thinkers who are developing their critical thinking, problem solving and decision making skills
- Encouraging youth to become good citizens through leadership development, volunteerism, and community service
- Promoting the involvement of youth in community building and equal partnerships of youth working closely with adults

Essential Elements of 4-H:

1. **A positive relationship with a caring adult** – A caring adult acts as an advisor, guide, and mentor. The adult helps set boundaries and expectations for young people. The adult could be called supporter, friend and advocate.
2. **A safe environment – physically and emotionally** – Youth should not fear physical or emotional harm while participating in a 4-H experience whether from the learning environment itself, adults, other participants, or spectators.

3. **Opportunity for Mastery** -- Mastery is the building of knowledge, skills and attitudes and then demonstrating the competent use of this knowledge and skills in the manner of a proficient practitioner. The level of mastery is dependent on the developmental ability of the individual child or youth. The development of mastery is a process over time.
4. **Opportunity to value and practice service for others** – Finding one’s self begins with losing yourself in the service of others. Service is a way for members to gain exposure to the larger community, indeed the world itself.
5. **Opportunity for Self-Determination** – Believing that you have impact over life’s events rather than passively submitting to the will and whims of others is self-determination. Youth must exercise a sense of influence over their lives, exercising their potential to become self-directing, autonomous adults.
6. **An inclusive environment (encouragement, affirming, belonging)** -- An inclusive environment is one that creates a sense of belonging, encourages and supports its members with positive and specific feedback. Healthy groups celebrate the success of all members – taking pride in the collective efforts of all.
7. **Opportunity to see oneself as an active participant in the future** – The ability to see oneself in the future is to harness the hope and optimism to shape life choices to facilitate the transition into participating in the future.
8. **Engagement in Learning** -- An engaged youth is one who is mindful of the subject area, building relationships and connections in order to develop understanding. Through self-reflection, youth have the ability to self-correct and learn from experience. The engaged learner has a higher degree of self-motivation and an inexhaustible capacity to create.

Requirements for Participation

Youth: 8-19 years

- ❖ All youth are eligible to participate in 4-H if they turn 8 years old prior to January 1 of the current 4-H year. If the 4-H member turns 19 years of age or older by January 1 of the current 4-H year they will no longer be eligible to participate.
- ❖ Each 4-H member is required to attend club meetings, complete a journal, give a public presentation, and participate in one of the following: judging, leadership, county event or project.

Cloverbuds: 5-7 years

- Cloverbuds is an educational program for children in grades K-2 and between the ages of 5-7. It is part of the South Dakota 4-H Youth Development program. The primary goal of this program is to promote the healthy development in children by enhancing the life skills of social interaction, self-esteem, physical mastery, making choices, and learning to learn.
- Age is the only requirement to join Cloverbuds. Each member must be between the ages of 5-8 and in grades K-2.
- A number of 4-H clubs in Lincoln County have Cloverbud groups, for more information about this opportunity please contact the Extension office.

Parents

- Assist your children with meeting the necessary requirements for 4-H membership.
- Support the 4-H club by being volunteers; participating in activities and events and assisting the 4-H leaders when necessary.

Volunteers

- As a volunteer you are required to complete the Volunteer application form and assist the 4-H leaders with the planning and organization of activities and events.
- A background check will be processed to ensure credibility.



History of 4-H

4-H grew out of the progressive education movement of the late 1800's and early 1900's in America. 4-H was created for two primary reasons: as a means to interest parents in improved and innovative farm and home practices and as a method to compensate for the schools inability to adequately meet the needs and interests of youth. 4-H was first established as single topic area interest groups such as corn, beef, sewing, canning, or gardening. This idea was conceived on the premise of improving youth skills through hands on experience or learn by doing activities. For example, children would learn to read better by reading bulletins about crop production, sharpen mathematical skills by measuring and weighing their yields, and they would improve their writing skills with the completion of a written project report. This movement encouraged Congress to pass the Smith-Lever Act in 1914, which formed the Cooperative Extension Service as a partnership between the USDA of the federal government, the state government through the land grant university, and the local government through the county boards. 4-H has now evolved into one of the largest youth development programs in the United States.

How Do You Get Involved In 4-H?



STEP ONE

- It is quite easy to get involved in the 4-H program. All you have to do is contact the Cooperative Extension Office in your county to find out the possible clubs you can be apart of in your community or you can also contact the 4-H club adult leaders directly (you will find a list of club leaders and contact information at the end of the booklet). Below are some helpful questions you may want to ask the club leaders:
 - Does their club have room for more 4-H member to join? (Some of the 4-H clubs must limit their size, please try another club if your first choice is full).
 - What age groups are the 4-H members? (It may be helpful to have children in the club in your child's age group).
 - What are some of the 4-H families names? (It may be comforting for your child if they know someone who is already a member of the club).
 - Do they hold club meetings once a month and where are the meetings held?
 - Does the club collect dues and if so what is the annual amount?

STEP TWO

- Enroll as a 4-H club member

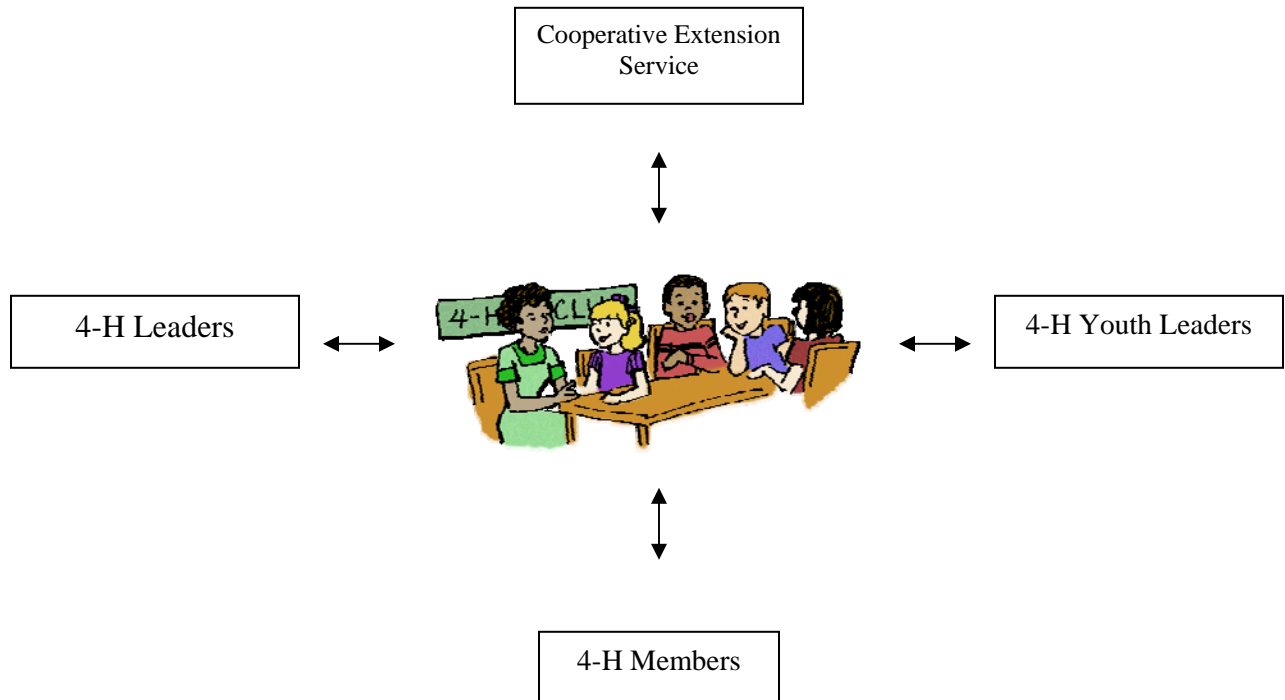
Enrollment Process

- After the club has welcomed you to join, it is necessary to enroll as an official 4-H member by completing 3 different forms:
 - 1) **Enrollment Form** – This form requires club, member, and project information.
 - 2) **Member Information Sheet** – This form requires member information such as address, age, emergency contacts, and health.
 - 3) **Code of Conduct Contract** – This form requires each 4-H member to adhere to the behavioral expectations of the 4-H club including being trustworthy, responsible, respectful, fair, caring, and a good citizen.
- **4-H Insurance:** As a 4-H member you are also required to purchase insurance. It is an annual cost of approximately \$1.50 for events/activities, if you are enrolled in the horse project it costs approximately \$2.50, and if you are in the 4-H rodeo it costs \$35 or \$2.50 with an insurance waiver.
- **Horse Safety Training:** It is **MANDATORY** for 4-H members involved in the horse project to take the horse safety training annually; parent or guardian must attend the first and every third year there after.
- **Pork Quality Assurance:** It is **MANDATORY** for 4-H members involved in the Swine project to either attend a PQA training or take & pass the PQA testing, if eligible to take the test.

Membership Responsibilities

- As a 4-H member you will have certain responsibilities to fulfill in order to maintain your membership in the club including the following:
 - **Dues** – Some clubs have annual dues, which vary from club to club.
 - **Re-enrollment** – You are required to re-enroll in 4-H at the beginning of the new 4-H year (October).
- In order for a 4-H member to receive a certificate of participation they must complete 3 out the 4 following requirements:
 - **Meetings** - Each club typically has a monthly meeting and you will be required to attend at least 4 meetings out of each 4-H year (Oct. – Oct.).
 - **Public Presentation**- As a 4-H member you will be required to give one public presentation each year in your 4-H club.
 - **Members Journal** – Complete a journal each year recapping your projects and learning experience.
 - **Project Enrollment** - You are required to enroll and complete at least one 4-H project each year.

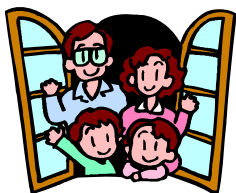
Organization & Leadership



The organizational structure of 4-H is composed of the SDSU Cooperative Extension Service, 4-H clubs, adult and youth club leaders, and members. The Extension service is responsible for overseeing the SD 4-H program, acting as a resource and providing guidance for new and acting clubs.

All clubs have leadership opportunities for active youth, which include: club officers, project leaders, activity leaders, and County Council Members.

Several parents volunteer to assist with program and activity coordination or any other capacity that is required for club operation. Volunteering is not limited to parents; we also like to recruit members of the community to volunteer for workshop presentations to share their knowledge with 4-H clubs, or to assist with other events such as Achievement days (County Fair).



Who's Who in 4-H

- **4-H Club**- 4-H members are given the opportunity to learn and practice decision making in a group setting by using the knowledge and skills acquired at these meetings. Parents are encouraged to attend meetings with their 4-Hers. *4-H is a FAMILY AFFAIR.*
- **4-H Members**- Any member 8 to 19 years of age who meets the club requirements.
- **Cloverbuds** – Selective clubs include the Cloverbud program, composed of members 5-7 years of age in K-2nd grade. This group focuses on a different set of criteria based upon early child development theory.
- **Adult Leaders** – Parents or other volunteers who advise 4-H clubs, plan meetings, and coordinate activities and events.
- **Youth Leaders**- 4-H members who take an active leadership role in their clubs, community, and the 4-H program such as County Council members or Club Officers.
- **County Council Members** - This group typically meets once a month to promote and support the 4-H program through collaborative efforts and coordination of activities and events throughout the county. Any member of 4-H is allowed to attend meetings but in order to hold an office you must be 14 years of age or older, and you must have a recommendation form from a club officer.
- **Volunteers**- Anyone who wants to help 4-H in any way such as coordinating a project workshop, assisting at county events, judging, leading a club, etc. All volunteers are required to fill out the official 4-H volunteer form.
- **Parents**- 4-H is a family affair. The parents are leaders and teachers. They are the most important person in the success of their child's 4-H career. 4-H is a great way to spend time with your children, learning and developing new skills.
- **4-H Leaders Organization**- All 4-H leaders participate in this organization providing the framework of the 4-H program. This group acts as the liaison and legislative body collaborating their efforts to establish 4-H program policy, to coordinate activities and events, to manage the financial records, and to promote 4-H and recruit members.
- **Cooperative Extension Service**- Extension is the major educational outreach arm of South Dakota State University, serving the people of South Dakota by helping them apply unbiased, scientific knowledge to improve their lives. Continuing partnerships with county, state, and federal governments are made possible by the land-grant mandate that empowers Extension to offer educational information, programs, and services in response to local issues and needs.

4-H Clubs

Purpose

4-H clubs are one of the primary ways of involving boys and girls in the 4-H program. It acts as the hub of activity, creating interest and enthusiasm for involvement in 4-H activities and events outside the local club.

Officer Roles

Successful club meetings depend upon the leadership of club officers. Clubs may include the following officer roles: President, Vice President, Treasurer, Secretary, and Reporter. In addition to club officers, each club may have a representative on the County Council, as established by the Council's constitution.

Officer Duties

President – Presides over all meetings. Appoints committees when necessary.

Vice President – Serves in the absence of the president.

Secretary – Keeps complete and accurate minutes of all meetings and handles correspondence.

Treasurer – Manages all group finances, collects dues, and maintains the treasurer's record book.

Reporter – Writes interesting reports of meetings and club events for newspapers radio, television, or club community service book/scrapbook.

Meetings

Club meetings are scheduled once a month and are conducted by the 4-H leader and the club officers. An agenda is prepared in advance to ensure all items of business are covered and to ensure all members attention and acuity. Meetings typically run from 1 to 2 hours long with a definite starting and stopping time. Special meetings may be called when necessary. The 4-H club meeting is an important learning device; learning ensues from the moment members arrive to their departure. Involving 4-H members in the organizing and expediting of the program will foster a learning environment, enabling members to develop new skills and knowledge. A typical 4-H meeting may include the following components:

- ⇒ Opening – The meeting is called to order by the President and commences with the Pledge of Allegiance and the 4-H Pledge. At this time you may wish to welcome new members, guests, or speakers.
- ⇒ Business – This portion of the meeting is led by club officers covering the following components: 1) roll call, 2) reading of last meetings minutes, 3)

treasurer's report, 4) committee, project, or activity reports, and 5) old and new business.

- ⇒ **Experiential Learning** – This part of the meeting is reserved for demonstrations, illustrated talks, project ways, public speaking, guest speakers, slide shows, videos, project training or orientation, panel discussions, field trips, or any other element that is decided upon by the club.
- ⇒ **Recreation** - Meetings will sometimes include a recreational activity. 4-H members join a club to have fun and make friends. To provide a well rounded program include activities such as team builders, games, icebreakers, music, or drama that promote youth development and socialization.

What Can Youth Do In 4-H?

Have Fun!!!

Make Friends

Go to Camp

Go on Trips

Community Service



Make Projects

Attend Meetings

Leadership Opportunities

Learn Life Skills

Make a Difference!

What is a project?

4-H projects are in-depth learning experiences for 4-H members. Training pets, making clothing, repairing computers, growing plants, and building rockets are just a few examples of 4-H projects. All of these areas are listed in the **State Fair book** that you will receive in your participation packets in the summer.

What projects can I do in 4-H?

All kinds! There are several major project areas, with lots of different projects within each area. Explanations of these are found in the **State Fair book**. (For a quick reference refer to page 12).

Project Areas

Biological Sciences

- Embryology
- Entomology & Bees
- Veterinary Science

Citizenship & Civic Education

- Citizenship
- Community Service & Service Learning
- Cultural Education, International Study & Exchange Programs

Communication Arts

- Graphic Design
- Oral History Project
- Photography & Video

Earth Sciences & the Environment

- Conservation & Stewardship
- Energy for Home, Farm, & Transportation
- Forestry
- Geology & Minerals
- Range Science & Pasture Management
- Soil & Soil Conservation
- Water & Water Conservation
- Wildlife & Fisheries

Expressive Arts

- Drama & Theater Arts
- Music & Dance

Family & Consumer Science

- Child Development & Family Life
- Clothing & Textiles
- Consumer Education
- Home Environment

Healthy Lifestyle

- Fitness & Sports
- Food Preservation
- Food Safety
- Foods & Nutrition
- Health & First Aid
- Safety



Leadership

Large Animals

- Beef
- Dairy Cattle
- Goats
- Sheep
- Swine
- Horse & Pony
- Rodeo

Small Animals

- Cats/small animals/pets
- Dog, Dog Obedience and Agility
- Poultry & Eggs
- Rabbits



Personal Development

- Career Exploration & Workforce Preparation
- Character Education
- Economics, Business & Marketing
- Entrepreneurship
- Hobbies & Collections
- Leisure Education/Recreation
- Self Determined

Plants

- Horticulture, Gardening, & Landscape
- Plant Science, Crops, & Weeds

Shooting Sports

Technology & Engineering

- Aerospace & Rocketry
- Automotive/Small Engines
- Bicycle
- Computers/Technology
- Electricity
- Wood Science
- Welding



Activities and Events



Fashion Revue & Interview Clothing: Fashion Revue is an event that enhances members' skills in clothing selection, coordination, and construction. Each 4-Her constructs or buys their own garment to model for a panel of judges. During this process, 4-Hers learn about wardrobe selection, accessorizing, poise and presence, and consumer awareness. A public Fashion Revue Show will be held after the 4-H Barbecue during Achievement Days where the 4-Hers will have the opportunity to model their garments on a themed stage, narrated by a special guest.

Hippology- A team event that helps make learning fun for 4-H members by giving them a chance to exhibit their knowledge of horse science and husbandry in a friendly yet competitive setting.

4-H Judging Schools – Judging provides a fun way for 4-Hers to learn more about their projects and how to make decisions. County facilitated judging schools include the following project areas: clothing, visual arts, foods and nutrition, home living, photography, livestock, diary, horse, rabbits, and horticulture. 4-Hers must compete in county contests to be eligible for State Fair judging teams.

Public Presentation- Allows members to gain knowledge and grow in the area of public presentation by having the chance to give speeches in front of judges and audiences. There are four categories to choose from: **demonstrations, illustrated talks, projects why's, and public speaking.**

- 1) **Demonstrations-** A how to presentation showing the step by step process of actions and explanations resulting in a finished project such as baking chocolate chip cookies.
- 2) **Illustrated Talks-** Combination of speaking and showing by means of one or more visuals such as: charts, pictures, posters, or models.
- 3) **Project Whys-** A speech based on sound research explaining “why” a principle is true. The Project “Why” is used to inform others, motivate further study, and experiment to gain further knowledge and understanding.
- 4) **Public Speaking-** A speech describing your personal experience or what you have learned.

Special Foods- This event teaches members skills in food preparation, food safety, and nutrition. Members will prepare a dish and a table setting to be evaluated by a judge and

will also be interviewed by a judge on their knowledge of nutrition. This experience helps members to learn how to make healthy, nutritious meals and smart food choices.

4-H Quiz Bowls- The objective is to stimulate learning and reward 4-H members for the knowledge they have gained while studying for the Quiz bowl. An example is the horse quiz bowl.

Project Work Shops- Throughout the year there will be a variety of project workshops offered to assist members in the development and preparation of projects. Volunteers from the community share their time and talent with the members to guide them in project areas. Some examples may include rabbit, dog, chicken, wood, photography, bread, jelly, and public speaking workshops.

Shooting Sports- The South Dakota 4-H Shooting Sports program has three goals: SAFETY, Youth Development, and Skill Development. It emphasizes the importance of youth learning and exercising proper safety standards while enjoying the sport. Taught by certified instructors.

Camp Lakodia



4-H Camp- Camp is an exciting opportunity for all 4-Hers. It allows 4-Hers to meet new members across the state in a fun and experiential learning environment. The traditional camp is for 4-Hers between the ages of 8-12. The camps are held outside of Madison, SD at Camp Lakodia and Camp Bob Marshal in near Custer, SD.

Dog Show- This is an opportunity for 4-H members that have participated in the 4-H dog training classes to exhibit their hard work and possibly qualify to move on to the State Fair. To participate in Lincoln County dog show, 4-H participants are required to attend dog-training classes.

Horse Show - This is an all day event for 4-Hers in the horse project to display their skills and abilities on horseback. **PRE-REGISTRATION IS REQUIRED.** If a 4-H member has a schedule conflict, they may be eligible to attend the horseshow in another county to qualify for the state horse show.

Recognition Event- This is an event to recognize and reward all the participants in 4-H for their hard work and dedication. 4-H Leaders, 4-H members, and family are all welcome to attend and participate in the celebration of the 4-H achievements that have been accomplished through the past 4-H year.

Fruit Sales – This is the primary fundraiser for the 4-H clubs each year. The fundraiser typically runs from January through March.

Achievement Days – An annual event held in the summer giving 4-Hers the opportunity to display their projects including static exhibits and animals.

- ⇒ **4-H Supplement Packet** - The supplement packet is the **LIFELINE** for each 4-H family. A large brown envelope is mailed to each 4-H family in May. In the packet is the information needed to sign up to exhibit at Achievement Days (Lincoln County 4-H Fair). There is a great deal of information put in this packet. Schedules, job assignments, registrations, regulations, lot numbers, supplement for State Fair, supplement for Lincoln County Achievement Days etc. Look this information over carefully as soon as possible as to prevent missing a deadline or event. It will help answer many questions.
- ⇒ **Prep. Day** - 4-H members, club leaders and parents are notified ahead in the 4-H newsletter on the times and job assignments at the 4-H fairgrounds. It is vital that the tasks are all completed in preparation for the coming week of Achievement Days.
- ⇒ **Pre-Registration Day** – This day the office has extended hours for 4-H members to register projects for Achievement Days. There will be staff available to answer any and all questions. The date will be posted in the supplement packet as well as the monthly newsletter. There are two options for pre-registering exhibits. **ALL 4-HERS MUST PRE-REGISTER TO EXHIBIT AND COLLECT PREMIUM POINTS.**

Option 1: Mail (or personally deliver) the white copy to the Extension Office at 104 N Main St., Ste.30, Canton, SD 57013 - postmarked no later than the due date. Computer cards and required scorecards for your exhibits will be mailed to you.

Option 2: Bring your pre-registration form on the **specified date** (to be determined at the Extension Office) to the Extension Office in Canton. Staff members will be there all day to give you the computer cards, scorecards, etc., as well as answer questions. **This is the only pre-registration day.**

Scholarships and National Trip Opportunities

Scholarships-There are national, state, and county scholarships given out to members who have been involved in 4-H. You can stop by your local Extension Office to get more information on these scholarships.

Citizenship Washington Focus Trip (CWF) – The Citizenship Washington Focus Trip is a 4-H leadership program for high school youth. 15-19 year-olds from across the nation attend this 6-day program at the National 4-H Youth Conference Center, located just outside Washington, D.C. The program is designed to enrich young people's lives by broadening their appreciation and respect for themselves and others. Participants attend workshops, committees, field trips and social events, giving them hands-on opportunities to learn and grow. Participants learn and practice skills that will make them better citizens and more successful individuals. For more information refer to <http://www.cwf.n4h.org/>

Youth Exchange Programs -4-H exchanges are a great opportunity to experience life in a different part of the nation or even the world! If you love to go to new places and see new things, then this is perfect for you. <http://www.4-h.org/exchanges/>



Youth Leadership

County Council – County Council is an organization composed of youth leaders who are representative members from 4-H clubs. This group typically meets once a month to promote and support the 4-H program through collaborative efforts and coordination of activities and events throughout the county. Any member of 4-H is allowed to attend meetings but in order to hold an office you must be 14 years of age or older, and you must have a recommendation form from a club officer.

SD State Youth Conference - This conference is a wonderful leadership opportunity composed of workshops, dances, a semi-formal banquet, a talent show, and community service projects for 4-H members between the ages of 13 and 19.

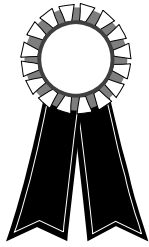
National 4-H Council - National 4-H Council is the national, private sector non-profit partner of 4-H and the Cooperative Extension System. National 4-H Council manages the National 4-H Conference Center, a full-service conference facility in Chevy Chase, Maryland, and the National 4-H Supply Service, the authorized agent for items bearing the 4-H name and emblem. National 4-H Council partners with 4-H at all levels—national, state and local—providing training and support, curriculum development, fostering innovative programming, and facilitating meetings and connections within the 4-H partnership (www.fourhcouncil.edu).

National 4-H Congress - National 4-H Congress is the flagship event of the 4-H program. For seventy-nine years, youth from the United States and its territories have participated in this youth leadership development conference. The Congress provides youth, ages 14-19, a quality, educational, and cross-cultural experience that exceeds what any state independently provides. It is designed to address the needs and issues of youth while helping to develop capable, competent, and caring citizens.

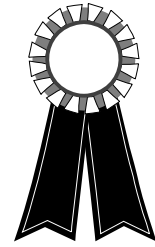
The program is built upon the Cooperative Extension System's belief that young people can be significant partners in addressing the issues that face our nation especially those affecting youth. Each year a National Design Team of Extension educators, 4-H youth, and 4-H adult volunteers analyze current youth issues and determine the most effective ways to address them. The program combines plenary sessions, seminars, discussion groups, and a service learning experience. The nation's most outstanding community leaders, speakers, and educators present the most current and timely information available (www.national4-hcongress.com).

Community Service and Volunteer Opportunities- Every club will determine what service learning opportunities to participate in during the year. There are many options to choose from within each community and county such as: adopting a highway to pick up litter, troupe fan mail, putting on safety camps in town, collecting food, clothing, and school supplies, caroling, cleaning up a park, painting, volunteering at an after school program, or visiting and playing games with the residents of nursing/assisted living homes.

Performing Arts- This program is a theatre arts educational experience for 4-H members, adult volunteers, and paid staff interested in developing skills in drama, music, dance, and technical theatre. There is a preparatory performing arts camp held in Aberdeen each year to assist 4-Hers in perfecting their performance for the state fair.



RECOGNITION & AWARDS



There are three kinds of recognition available to 4-H members:

- **Participation** - for any member completing the completion requirements
- **Project** - for excellence in project work
- **Achievement** - requires the completion of activities that increase skill and understanding of the 4-H program and prepare the member to be a contributing citizen.

Participation Awards

Member pins are given for 4-H members completing their 1st, 5th and 10th year of 4-H. In between, members will receive certificates. The completion requirements are the same for every year.

- Attend 4 club meetings
- Complete a journal of your 4-H activities and learning experiences
- Do a public presentation at the club level
- Do one of the following: complete a project, participate in judging, participate in a county event, or participate in junior leadership: NOTE: If you are an independent member, (not affiliated with a 4-H club), you are required to fulfill two of these standards.

Project Awards

Projects are opportunities for members to learn about a subject of interest to them. After 3 years of 4-H, members are eligible to earn medals in the projects they have completed.

Achievement Awards

Basic skill awards are designed to help members gain skill and learn more about the 4-H program. Members may begin to earn them during their 2nd year in 4-H. As the member progresses, each award requires a little more work.

Note: For more information on recognition and awards, contact the SDSU Cooperative Extension Office located at 104 N Main St., Ste. 30; Canton, SD 57013.

Timeline

This is just an example of a typical 4-H year; dates may vary.

October-

- National 4-H Week
- New 4-H year begins.

November-

- Recognition Event

December-

January-

- Shooting Sports Begins
- Leaders Meeting

February-

March-

- Citizen Washington Focus Trip applications due
- State Youth Conference pre-registration due
- Nose prints for AK SAR BEN due
- Fruit Sales sheets due
- Make & Take-It
- Leaders Meeting
- Weigh in date held for Market Beef

April-

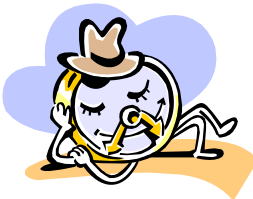
- Fruit sorting
- 4-H Insurance forms due to Club Leaders
- 4-H State Scholarships due
- Swine and Sheep weigh in
- State Shooting Sports-Ft. Pierre
- Summer Camp Registrations Due

May-

- Swine and Sheep weigh in
- Public Presentation help day
- Dog classes begin
- Horse Safety Training

June-

- Public Presentation Day



- 4-H Camp-Camp Lakodia Traditional and Teen Camp-Madison
- State Youth Conference-Brookings
- Judging School
- 4-H Horse Camp
- **Pre-Registration: ALL 4-HERS MUST PRE-REGISTER TO EXHIBIT AND COLLECT PREMIUM POINTS.**

July-

- Special Foods Help Day and Special Foods Event
- Fashion Review
- County & State Horse Show
- Judging School

August-

- Preparation day for Achievement Days
- Achievement Days
- Clean up Day after Achievement Days
- Dog Show
- State Fair Registration
- Day Camps
- State Fair (sometimes)
- Judging Schools

September-

- State Fair (sometimes)
- 4-H Record books are do to your leaders
- Award Applications due
- Eastern Farmers Scholarship Due
- Leaders Meeting

2008-2009 Lincoln County 4-H Leaders

Jan Tipton*	Blue Ribbon Seekers	647-2944	46531 SD Hwy 44 (Lennox SD 57039)
Randy Smit(CB)	Blue Ribbon Seekers	647-0097	46577 284 th St (Lennox SD 57039)
Shelly Hammer*	Clover Spirit	357-0042	2820 S St Francis Ln (S.Falls, 57103)
Kristin Ripperda	Clover Spirit	274-1479	607 E 61 st St, (Sioux Falls, 57108)
Sheila McQuade(CB)	Clover Spirit	371-1806	2105 S Melanie Ln (Sioux Falls, 57103)
LeAnn Lothrop*	Dakota Farmers	558-1037	812 Park Lane S (Canton SD 57013)
Ross Lothrop	Dakota Farmers	558-1037	812 Park Lane S (Canton SD 57013)
Amy Nelson	Dakota Farmers	987-4350	PO Box 292(Canton SD 57013)
Heidi Benson (CB)	Dakota Farmers	987-4392	28550 478 th Ave (Canton SD 57013)
Kristi Sweeter*	Dakota Lassies & Rangers	647-5397	PO Box 249 (Lennox SD 57039)
Robbie Sweeter	Dakota Lassies & Rangers	647-5397	PO Box 249 (Lennox SD 57039)
Lorena Sazama*	Heartland Helpers	368-2925	47230 Rhonda Ave (S.F SD 57108)
Janelle Nerland (CB)	Heartland Helpers	743-5321	47857 273 rd St (Harrisburg SD 57032)
Terri Kennedy*	Helping Hands	957-4375	29331 469 th Ave (Beresford SD 57004)
Wendy Lawrenson	Helping Hands	957-4393	29359 474 th Ave(Beresford SD 57004)
Lola Twedt*	Lincoln Blinkers	984-2081	29318 482 nd Ave (Hudson SD 57034)
Kaia Kloster (Horse)	Lincoln Blinkers	987-5639	29244 482 nd Ave (Hudson SD 57034)
Karen Kaskie (Horse)	Lincoln Blinkers	934-2808	47962 294 th St (Hudson SD 57034)
Kevin Jensen	Lincoln Blinkers	987-4296	27808 484th Ave (Canton SD 57013)
Darcy Jensen	Lincoln Blinkers	987-4296	27808 484 th Ave (Canton SD 57013)
Scott Hyronimus*	Lincoln Co. Livestock	372-4885	28481 470 th Ave (Worthing SD 57077)
Marcia Hyronimus	Lincoln Co. Livestock	372-4885	28481 470 th Ave (Worthing SD 57077)
Lisa Bogue (CB)	Lincoln Co, Livestock	372-4578	46902 287 th St (Beresford SD 57004)
Marc Bogue	Lincoln Co, Livestock	372-4578	46902 287 th St (Beresford SD 57004)
Carloyn Goudy	Lincoln Luckies	647-6035	27807 469 th Ave (Lennox SD 57039)
Betty Vant	Lincoln Luckies	987-5246	608 W 4 th St (Canton SD 57013)
Kit Tornberg*	Little Rascals	743-2931	27263 476 th Ave (Harrisburg SD 57032)
Laurie Koerner	Little Rascals	743-5158	27334 479 th Ave (Harrisburg SD 57032)
Rhonda Dinan*	Teapot Troopers	368-2441	47153 273 rd St (Harrisburg SD 57032)
Kerri Plucker	Teapot Troopers	498-0157	210 N Joseph (Tea SD 57064)
Mike Plucker	Teapot Troopers	498-0157	210 N Joseph (Tea SD 57064)
Laurel Peterson*	Trophy Trotters	647-2571	27534 464 th St (Lennox SD 57039)
Andrea Huffman	Trophy Trotters	553-6357	27328 476 th Ave (Harrisburg SD 57032)

* = main contact club leader
CB = Cloverbud Program Leaders

Last updated 04/03/09
Contact club leaders for availability in their club.